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| **Panthers Peewee B - Season Plan** | | | | | |
| **September/October** | **November** | **December** | **January** | **February** | **March/April** |
| ***Meetings:***  - Parent's First Team Meeting  - WOGHL/LL Scheduling Meeting  - All Coaches Meeting  - Team Staff Meeting  - Budget Discussion | ***Meetings:*** | ***Meetings:***  - Christmas Party  - Coach Mid-Season Evaluation Meeting | ***Meetings:*** | ***Meetings:*** | ***Meetings:***  - Provincial Planning Meeting  - Year End Party |
| ***Outside Priorities:***  - School Start  - Volunteer at Big Cat Pre-Season Tournament | ***Outside Priorities:***  - Coach Lisa vacation | ***Outside Priorities:***  -Christmas Concerts  - Team Community Volunteering | ***Outside Priorities:***  - School | ***Outside Priorities:***  - School | ***Outside Priorities:***  - Soccer/Baseball Season Start  - March Break  - School |
| ***Tournaments:***  - September 14-16 Markham Starfest  - September 22-24 – St.Thomas Big Cat | ***Tournaments:*** | ***Tournaments:***  - December 1-3 - Panthers on the Prowl Tournament | ***Tournaments:*** | ***Tournaments:***  - February 22-24 - Brantford Walter Gretzky Classic | ***Tournaments:***  - Provincials - If qualified |
| ***# of Games:***  - 2 Exhibition Games  - 5 Regular Season Games | ***# of Games:***  - 5 Regular Season Games | ***# of Games:***  - 5 Regular Season Games | ***# of Games:***  - 5 Regular Season Games | ***# of Games:***  - 3 Regular Season Games  - Playoffs  - Playdowns | ***# of Games:***  - Playoffs |
| ***Team Goals:***  - win 50% of games  - arrive early for all games and practices  - 90 % Attendance at Practice  - win a tournament game | ***Team Goals:***  - get 200 shots on net  - 90 % Attendance at Practice  - no Goals against during penalty kills | ***Team Goals:***  - score a goal on Power Play  - 90 % Attendance at Practice  - win at least 50% of games | ***Team Goals:***  - 90 % Attendance at Practice  - at least 5 successful breakouts  - execute play designed by players | ***Team Goals:***  - 90 % Attendance at Practice  - qualify for provincials  - all players demonstrate good back pressure | ***Team Goals:***  - 90 % Attendance at Practice |
| ***Dryland Training:***  - Hood Archery Games  - Rotating Leaders: Yakosani Cornelius  Anna Muscat  Addison Korpan  Mia Smith  Rachel Annett | ***Dryland Training:***  **-** Rotating Leaders: Ashley Wouters  Tessa Pellerine  Kira Collard  Kyra Phillips  Maya Minielly  - Yoga Session | ***Dryland Training:***  - Jog with Coach - 5 km  - Rotating Leaders: Alyssa Brunette  Brooklyn Hewitt  Logan Bell  Clair Sandham | ***Dryland Training:***  - New Year's Outdoor Winter Fun Event  - Rotating Leaders: Rachel Ross  Morgan Wiebenga  Aynsley Barker | ***Dryland Training:***  **-** Rotating Leaders:  Yakosani Cornelius  Anna Muscat  Addison Korpan  Mia Smith  **-** Zumba/Dance Class | ***Dryland Training:***  - Rotating Leaders: Rachel Annett  Ashley Wouters  Tessa Pellerine  Kira Collard  Kyra Phillips |
| ***Coach Education:***  - Respect in Sport Certification  - Mike Ellis Coach Guidance - 1 Session  - OMHA Coach Training | ***Coach Education:***  - Mike Ellis Coach Guidance | ***Coach Education:***  - Mike Ellis Coach Guidance | ***Coach Education:***  - Mike Ellis Coach Guidance | ***Coach Education:***  - Mike Ellis Coach Guidance | ***Coach Education:***  - Mike Ellis Coach Guidance |
| 12 PRACTICES | 5-8 PRACTICES | 5-8 PRACTICES | 5-8 PRACTICES | 5-8 PRACTICES | 5-8 PRACTICES |
| ***Technical Skills:***  SKATING - acceleration, timing, fwd/bkwd strides, laterals  PUCK CTRL - passing, shooting for accuracy  CHECKING - angling  GOAL - movement, paddle position  - Team Skill Evaluation  - 1 FUN PRACTICE | ***Technical Skills:***  SKATING - crossovers, balance, agility, endurance, tight turns  PUCK CTRL - puck protection, shooting for power, shooting in stride  CHECKING - stick checks, body contact  GOAL - puck handling  - 1 FUN PRACTICE | ***Technical Skills:***  SKATING - power, skating with the puck, Penalty Kill Skating, deking with body  PUCK CTRL - 1 touch passes, puck receiving skills, snap shots,  CHECKING - Back Pressure Checking  GOAL - up-downs, glove catches  - 1 FUN PRACTICE | ***Technical Skills:***  SKATING - balance and agility, quick feet, Power Play Skating, transitions  PUCK CTRL - 1 touch shooting, tight hands, puck control in corners  CHECKING - defensive side body positioning, angling  GOAL - blocker saves, controlling rebounds  - 1 FUN PRACTICE | ***Technical Skills:***  SKATING - net drives, edge work  PUCK CTRL - short-quick passes, deflections & tips, slap shots  CHECKING - contact confidence, recovery  GOAL - passing the puck, control  - 1 FUN PRACTICE | ***Technical Skills:***  SKATING - all skating drills  PUCK CTRL - multiple pass options  CHECKING - angling and position, stick checks  GOAL - movement  - 1 FUN PRACTICE |
| ***Individual Tactics:***  - Offensive: net drive, support, scoring, cross ice passing  - Defensive: side body positioning, angling  - Evaluate player tactics | ***Individual Tactics:***  - Offensive: support, transition, quick passing, quick release  - Defensive: gap control, pinning, 1 on 1 | ***Individual Tactics:***  - Offensive: Deking, driving, delaying, faceoffs, attacking  - Defensive: Back Pressure, Defensive Zone, closing the gap | ***Individual Tactics:***  -Offensive: transition and speed changes, support & go  - Defensive: angling to outside, checking and recovery, 1 on 1 | ***Individual Tactics:***  - Offensive: net drive, screening, faceoffs, 2 on 1, attack options  - Defensive: pinning, defending 2 on 1, support, | ***Individual Tactics:***  - Offensive: scoring, deking, pass options, delaying,  - Defensive: deking, defending 3 on 1 |
| ***Team Tactics:***  - timing and passing  - Neutral Zone support | ***Team Tactics:***  - 2 on 1 drives  - cycling in offensive zone  - Neutral Zone transitions | ***Team Tactics:***  - setting up in offensive zone (123 attack)  - give and go's  - defensive positional play | ***Team Tactics:***  - breakout plays  - crosses  - following the pass  - even/odd man coverage | ***Team Tactics:***  - give and go's and quick transition  - gap control and communication  - odd man rushes | ***Team Tactics:***  - speedy 3 on 1s  - delaying and regrouping  - defensive pressure |
| ***Team Systems:***  ***-*** faceoff set up  - zone coverage vs. man to man coverage | ***Team Systems:***  - Penalty Kill Set Up  - cross ice movement  - inside/outside plays  - NZ checking | ***Team Systems***:  - Powerplay set up  - faceoff on PP  - man to man checking | ***Team Systems:***  - 2 and 3 man breakout  - faceoff coverage in DFZ | ***Team Systems:***  - 2 and 3 man breakouts  - winning faceoffs | ***Team Systems:***  - Powerplays, Penalty Kills  - 2 on 1s, 3 on 1s, |